

**FRISTADS**

# Fristads Size Guide.

## Women's Sizes

### How to measure:

Starting from your own body size, compare to the tables to find the correct size. Choose the table matching your height (A). The tables for women's garments only apply for garments for woman.

#### Trousers

When buying trousers, measure A, C, D, E

#### Jackets

For jackets measure chest (B), sizes XS-5XL.

#### Coveralls

Measure A, B, D, E for coveralls, depending on your height, choose regular, long or short in the tables.

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.

## Jackets, Trousers and Coveralls

| Women sizes                   | XS | S   |     | M   |     | L   |     |
|-------------------------------|----|-----|-----|-----|-----|-----|-----|
| <b>Regular (normal waist)</b> |    | C34 | C36 | C38 | C40 | C42 | C44 |
| A. Total height 164-172 cm    |    |     |     |     |     |     |     |
| B. Chest cm                   | 76 | 80  | 84  | 88  | 92  | 96  | 100 |
| C. Waist cm                   | 63 | 66  | 69  | 72  | 76  | 80  | 84  |
| D. Hips cm                    | 87 | 90  | 93  | 96  | 99  | 102 | 106 |
| E. Inside leg cm              | 80 | 80  | 80  | 80  | 80  | 80  | 80  |

| Women sizes                   | XL  |     | 2XL |     | 3XL |     | 4XL |     |
|-------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>Regular (normal waist)</b> | C46 | C48 | C50 | C52 |     |     |     |     |
| A. Total height 164-172 cm    |     |     |     |     |     |     |     |     |
| B. Chest cm                   | 104 | 110 | 116 | 122 | 128 | 134 | 140 | 146 |
| C. Waist cm                   | 88  | 93  | 99  | 105 | 111 | 117 | 123 | 129 |
| D. Hips cm                    | 110 | 115 | 120 | 125 | 130 | 135 | 140 | 145 |
| E. Inside leg cm              | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  |

## Acode

| Women sizes | S     | M     | L      | XL      | 2XL     |
|-------------|-------|-------|--------|---------|---------|
|             | 34-36 | 38-40 | 42-44  | 46-48   | 50-52   |
| B. Chest cm | 80-84 | 88-92 | 96-100 | 104-110 | 116-122 |
| C. Waist cm | 66-69 | 72-76 | 80-84  | 88-93   | 99-106  |

