



Russell Size Guide.

Women's Sizes

Ladies Workwear

How to measure:

All of our measurements are based on actual "to fit" body sizes rather than the size of the garment itself. For example, a polo shirt with a chest to fit size of 92-97cm / 36-38" will fit someone with this chest measurement; trousers with a waist to fit 50 Europe / 34", will fit a person with this measurement.

1. ***Chest:** Measure around the fullest part of the bust.*

2. ***Waist:** Measure around the natural waist, keeping the measuring tape taut.*

3. ***Inside Leg:** Measure from the top of the inside leg at the crotch down to where the trousers are normally worn with shoes.*

